



A Randomised Controlled Trial of sildenafil therapy In Dismal Prognosis Early-Onset Intrauterine Growth Restriction

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Chief Investigator: Professor Z Alfrevic

Dear all

It's been a tough time getting there but we are finally OPEN for business on STRIDER!

We have opened in Liverpool this week and will have a number of other sites opening in the next few days, so if you haven't already arranged a site initiation visit with Sarah Quinby our trial coordinator then please contact her as soon as possible as we would absolutely love to have all sites set up and recruiting by Christmas.

We don't need to remind you how important this study is for the future management of women with a pregnancy affected by severe early-onset IUGR. We really do need all your help in making this study a success. The STRIDER study generated a lot of media attention across the world when it was funded and as soon as we start recruiting patients we suspect a similar thing will start to happen, so being a recruiting centre for STRIDER could become a very interesting place to be!

Anecdotally we have had a lot of interest from women with IUGR babies wanting to be involved in the study, unfortunately before we were ready to open, so we don't believe that recruiting women will be an issue.

The main difficulty we will face is the small number of cases we are likely to see, so we need to make every effort to approach and recruit everyone who is suitable in your departments. To this end we would highly encourage you to get your colleagues involved to increase recruitment but also to cover periods when you are on annual/study leave so that suitable women are not missed. Sarah can sort out training and access as required. We also suggest that you approach the smaller referring units in your region to encourage them to send these women to you rather than managing them themselves and we have included a poster for you to send out to these referring centres to inform them of the study. Obviously this will increase recruitment to the study which will lead to a financial gain by your department too.

We have 2 posters to put up in your fetal medicine unit to remind you of the eligibility criteria and the recruitment pathway especially important on the first visit.

For those sites which will be performing the placental and advanced cardiovascular studies you can get extra advice and trouble shoot issues by contacting Dr Ed Johnstone (Placenta) and Dr Asma Khalil (CVS) on their emails below.

So thanks again for your involvement in STRIDER and we hope to have you all recruiting patients soon, who will be the first?!

STRIDER Team:

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Recruiting Sites

Site name	Site Initiation Completed	Site Open
Liverpool Women's	Yes	Yes
St Mary's Hospital, Manchester	Yes	In Process
St George's Hospital, London	Yes	
Leicester Royal Infirmary	Yes	In Process
John Radcliffe Women's Centre, Oxford	Yes	In Process
Birmingham Women's Hospital	Yes	
University Hospital of North Staffordshire	Yes	In Process
Heartlands Hospital, Heart of England	Yes	In Process
St Michaels Hospital, University Hospitals Bristol	Date arranged	
Royal Victoria Infirmary, Newcastle—upon—Tyne		
University College London		
Leeds General Infirmary		
Norfolk and Norwich University Hospital	In process of arranging date	
QMC Nottingham University Hospitals	In process of arranging date	
University of Edinburgh, MRC Centre for Reproductive Health		
Kings College London		
Guy's and St Thomas Hospital London		

We would like to take a moment to thank all investigators and study staff for their interest and motivation in the STRIDER Study.

We look forward to reaching our 112 patient recruitment target.

Thank you